

Attention: Health Tradition Health Plan Premier and Premier Plus Members

Health Tradition Health Plan has made changes to the Prior Authorization requirements for outpatient Mental Health and Substance Abuse services.

Effective **September 1, 2010**, Health Tradition Health Plan will no longer be requiring Prior Authorization on the following Outpatient Mental Health and Chemical Dependency Services, when provided by an In-Network Healthcare Provider:

- Individual counseling services
- Group therapy
- Transitional treatment services

The following services still require Prior Authorization by the Plan:

- Psychological testing services
- Any outpatient service received at an Out-of-Network Healthcare Provider

These changes are in compliance with the Mental Health Parity and Addiction Equity Act of 2008, which removed service limitations for the following mental health/substance abuse services:

- Inpatient Services
- Transitional Treatment Services
- Outpatient Services

For more detailed information on Mental Health and Chemical Dependency services, please refer to your Certificate of Coverage and the Mental Health and Chemical Dependency Services Amendment dated October 2009.

If you have any questions regarding your Mental Health and Substance Abuse benefits, please contact MMSI Customer Service at the number listed on the back of your membership card.