

Flu season is here.

Remember
to get your
flu shot!



- ▶ A flu shot lowers the impact of respiratory viruses in our communities, which is very important during the COVID-19 pandemic.
- ▶ Even healthy people can get the flu. Reduce your risk of getting sick by getting a flu shot every year.
- ▶ Routine vaccinations also can help prevent unnecessary medical visits and hospitalization.

WHERE TO GET YOUR FLU SHOT:

Your local **in-network pharmacy** is the easiest way to get your flu shot, with weekend and evening hours often available—plus, it's covered by Health Tradition! You can also visit your **in-network doctor** or ask your employer if they have an upcoming flu shot clinic!

Health Tradition 65Plus members will receive a postcard with additional flu shot details.

Questions? Call Customer Service at 877.832.1823.

